

## **Gold Package**

**\$400 + \$150/athlete**

- 5 PowerPoint presentations (\$500 value)
  - Meal Composition (approx. 1 hour)
  - Protein Distribution for Athletes (approx. 1 hour)
  - Training and Recovery Nutrition (approx. 1 hour)
  - Supplementation (approx. 1 hour)
  - Competition Nutrition (approx. 1 hour)
- iMadgen Nutrition ebook for each athlete (\$20 value/athlete)
- Nutritional Assessment for each athlete (\$75 value/athlete)
  - Approx. 1 hour
- Nutritional Follow-Up for each athlete (\$50 value/athlete)
  - Approx. 30 min
- iMadgen Nutrition Certified Supplements (\$75 value/athlete)
  - 2lb of Whey Protein Powder
  - 2lb of Dextrose Carbohydrate Powder
- 1L Water Bottle (\$5 value/athlete)
- iMadgen Nutrition T-shirt for each athlete (\$15 value/athlete)
  - Order made after 1st presentation
- CPFM Meal Guide for each athlete (\$10 value/athlete)
- Password access to iMadgen Nutrition Web-Tools for each athlete
  - Muscle Synthesis Graph
  - Custom Formula Calculator
- On-going email support

**Silver Package**  
**\$400 + \$75/athlete**  
**(Upgrade to Gold for individual athletes is \$100)**

- 5 PowerPoint presentations (\$500 value)
  - Meal Composition (approx. 1 hour)
  - Protein Distribution for Athletes (approx. 1 hour)
  - Training and Recovery Nutrition (approx. 1 hour)
  - Supplementation (approx. 1 hour)
  - Competition Nutrition (approx. 1 hour)
  
- iMadgen Nutrition ebook for each athlete (\$20 value/athlete)
  
- Nutritional Assessment for each athlete (\$75 value/athlete)
  - Approx. 1 hour
  
- iMadgen Nutrition Water Bottle – 1L (\$5 value/athlete)
  
- CPFM Meal Guide for each athlete (\$10 value/athlete)
  
- Password access to iMadgen Nutrition Web Tools for each athlete
  - Muscle Synthesis Graph
  - Custom Formula Calculator
  
- On-going email support



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## **Bronze Package**

**\$100**

- 2 PowerPoint presentations (\$200 value)
  - Protein Distribution for Athletes (approx. 1 hour)
  - Training and Recovery Nutrition (approx. 1 hour)
- iMadgen Nutrition ebook for each athlete (\$20 value/athlete)
- Password access to iMadgen Nutrition Web Tools for each athlete
  - Muscle Synthesis Graph
  - Custom Formula Calculator
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- On-going email support